

ARMY FAMILY TEAM BUILDING

COMMANDER'S RESPONSIBILITIES FOR THE TAF

- **Appoint a TAFP POC**
- **Provide briefings**
- **Ensure soldier and family awareness**
- **Ensure documentation and monitoring**
- **Include single soldiers**

SOLDIER'S RESPONSIBILITIES IN THE TAF

- **Support an participate**
- **Keep themselves and family informed**
- **Support and encourage family member support**

AFTB PROGRAM GOAL

**To enhance Army readiness through
training the total Army family**

FAMILY MEMBER TRAINING

- **Level I**
- **Level II**
- **Level III**

SOLDIER/DA CIVILIAN TRAINING

- **Level I: pre-entry training**
- **Level II: entry level training**
- **Level III: platoon level training**
- **Level IV: company level training**
- **Level V: battalion level and higher**

STRESSES OF LIFE

- **Anticipated life events**
- **Unexpected life events**
- **Progressive accumulating stimulation stresses**
- **Personality glitches**
- **Value-dependent events**

WHO RECEIVES FAMILY CARE COUNSELING

- **A pregnant soldier**
- **Single parents**
- **Divorced soldiers with visitation rights**
- **A soldier with an incapacitated spouse**
- **Half of a dual military couple**

FAMILY CARE PLAN FORMS

- **DA FORM 5305-R, Family Care Plan**
- **DA FORM 5841-R, Power of Attorney**
- **DA FORM 5840-R, Certificate of Acceptance**
- **DD FORM 1172, Application for ID Card**
- **DD FORM 2558, Allotment Start Form**
- **Letter of Instruction**

LEVELS OF MEMBER INVOLVEMENT

- **Official volunteers**
- **Participants**

WHO BENEFITS FROM FRGs

- **The family member**
- **The soldier**
- **The unit command**
- **AC installation, NG state area CMD, Major U.S. Army Reserve Command**
- **The Army**

MILITARY UNIT/FRG LINKAGE

- **The rear detachment**
- **The unit commander**
- **The unit chaplain**
- **The unit information system**
- **Unit facilities**

FRG GOALS AND ACTIVITIES

- **Provide for family mutual support**
- **Develop info/education system; orient new families; promote involvement**
- **Interact among family/unit/rear det.**
- **Involve families in unit activities**
- **Refer family needs not met by FRG**
- **Provide info for families in local area**
- **Assist in development/evaluation of mobilization and deployment handbooks**

FRG NONINVOLVEMENT ACTIVITIES

- **Becoming surrogate parents**
- **Becoming social workers**
- **Lending money, cars, expensive items**
- **Polarizing into minigroups**
- **Becoming a babysitting/errand service**
- **Duplicating existing agencies**

FRG ORGANIZATION STRUCTURE

- **Contact person**
- **Company level**
- **Battalion level**

OTHER ACTIVITIES AND RESOURCES

- **Official mail**
- **FRG newsletters**
- **Use of government facilities**
- **Use of military vehicles**
- **Training/travel of volunteer leaders**
- **Reimbursement of incidental expenses**
- **Awards/banquets/mementos**
- **FRG generated funds/fund raising activities**

METHODS TO ELICIT SPOUSE INVOLVEMENT

- **Command letters to all officers and enlisted spouses**
- **A command invitation to key family member leaders to attend a committee or briefing**
- **A command briefing to soldiers and spouses of each company to outline proposed family support system**